

LOW COST/SLIDING-SCALE OR NO COST MENTAL HEALTH SERVICES:

- **Access Institute for Psychological Services**

110 Gough St. Suite 301
(415) 861-5449
Psychotherapy & Medication
Fees based on income

- **Center for Somatic Psychotherapy**

Affiliated with the CA Institute of Integral Studies
220 Montgomery St. Suite 600

- (415) 217-8895
Psychotherapy
Scale: \$35-110 per session

- **Christian Counseling Centers**

801 Portola Dr. Suite 108
(415) 674-7504
Psychotherapy

- **CA Institute of Integral Studies (CIIS) Psychological Services Center**

507 Polk St, Suite 420
(415) 346-1011
Psychotherapy & Psychological testing
Fees based on income

- California Pacific Medical Center Counseling Clinic
(415) 600-3247
Psychotherapy and Psychiatry
Low fee

- **Dimensions Health Clinic**

3850 17th Street

(415) 934-7757

LGBTQIA focus

Psychotherapy for queer, trans, and questioning persons ages 12 to 25;
weekly support group for transgender & gender-variant persons.

Mental health services are FREE

- **Free HELP—San Francisco**: Download charts listing resources for free mental health assistance, food, shelter, medical aid, and help with neighborhood problems in San Francisco

- **Golden Gate Integral Counseling Center (CA Institute of Integral Studies)**

507 Polk Street, Suite 450

415-561-0230

Psychotherapy

Fees based on income

- **Greenlight Clinic**

1808 Wedemeyer St., Ste. B-10

The Presidio of San Francisco

(415) 742-4306

-

hello@greenlightclinic.org

Psychotherapy

Free services (individual and group) for ages 14 to 25

- **Holos Institute**

Inner Richmond District

(415) 862-0594

Psychotherapy
Fees based on income

- **Hyde Street Community Services/Tenderloin Outpatient Clinic**
815 Hyde Street, 1st Floor
San Francisco, CA 94109
(415) 673-5700, info@hydestreetcs.org
Medication services, case management for low-income, underserved, and homeless San Francisco residents; mental health assessment and therapy through Tenderloin clinic
Services are free for SF residents with low financial resources

- **Integral Counseling Center (CA Institute of Integral Studies)**
2140 Pierce Street
(415) 776-3109
Psychotherapy
Fees based in income

- **Marina Counseling Center**
2137 Lombard St.@ Fillmore
(415) 563-2137
Psychotherapy
Fees based in income

- **New Perspectives Center for Counseling**
5026 Geary Blvd.
(415) 752-5275
Psychotherapy
Fees based on income

- **Open Path**
Multiple SF locations (network of private therapists)
(800) 268-2833
Psychotherapy
For uninsured or underinsured clients who can't afford full therapy fees
Scale: \$30–60 per individual session (up to \$80 for couples therapy), plus a one-time \$59 lifetime membership fee

- **Queer LifeSpace**
2275 Market Street
(415) 358-2000
Psychotherapy—LGBTQIA focus
Scale: \$30 and up for individuals, \$50 and up for couples, \$15 and up for groups, based on income

- **SF Therapy Collective**
2275 Market Street Suite E
(415) 659-8282
Psychotherapy, Psychiatry, Groups—LGBTQIA focus
Scale: Psychotherapy— \$80 and up for individuals and \$100 and up for couples; Psychiatry: Initial—\$350 and up, follow-up—\$150 and up

- **The San Francisco Marriage and Couples Center**
Multiple SF locations
(415) 494-7074
Fees based on income

- **Well Clinic**

383 Rhode Island St., Suite 201

100 Bush St., Suite #508

(415) 952-0290 (both locations)

Psychotherapy, Psychiatry

Fees based on income