

## **MEDICAL CARE (IMMEDIATE):**

**San Francisco General Hospital** - In San Francisco, Zuckerberg San Francisco General Hospital is the only medical facility which performs sexual assault & evidence collection examinations (also called "rape kits", see **Forensic Exam** for more information). You can request a ride from San Francisco Police Department (up to 72 hours post-incident) to SF General to have a forensic examination. The emergency room can also address other immediate medical issues.

- Hours: 24/7
- Address: 1001 Potrero Avenue, San Francisco, CA 94110
- Hospital Phone: (415) 206-8125; Emergency Room: (415) 206-8000

**St. Mary's Medical Center, Emergency Services and QuickCare** - Emergency room for severe symptoms, such as loss of consciousness; trauma to head, chest, or stomach; broken bones; suicidal thoughts and feelings, etc.

- Hours: 24/7
- Address: 450 Stanyan Street, Level A, San Francisco, CA 94117
- Phone: (415) 750-5700

## **BAY AREA CRISIS CENTERS:**

**SFWAR (San Francisco Women Against Rape - it's not just for women!)** - SFWAR is a peer counseling and advocacy organization that offers support, information, and resources to survivors and their friends and family via a 24-hour hotline, short-term counseling, and support groups. They also offer legal and medical advocacy and accompaniment (going with you to a medical appointment or legal proceedings) and connects survivors to resources with their case management services.

- Address: 3543 18th Street #7, San Francisco, CA 94110
- Business Phone: (415) 861-2024
- 24-Hour Hotline: (415) 647-7273
- *Special Services: Survivors of incest and childhood sexual assault, suicide prevents, LGBTQ, stalking*

**BAWAR (Bay Area Women Against Rape - it's not just for women!)** - Offers a 24/7 sexual assault crisis hotline, medical, and legal advocacy and accompaniment, support groups, bilingual in-person counseling for survivors and their significant others, and referrals.

- Address: 470 27th Street, Oakland, CA 94612
- Business Phone: (510) 430-1298
- 24-Hour Hotline: (510) 845-7273
- *Special Services: Disabled support, elderly and family support, LGBT, Under 12 y.o. and Teen support, Spanish*

**Rape Trauma Services** - Offers a 24/7 crisis hotline, medical and legal advocacy and accompaniment, support groups, and family and individual counseling.

- Address: 1860 El Camino Real Suite 406, Burlingame, CA 94010
- Business Phone: (650) 652-0598 (can text 9:00am-5:00pm)
- 24-Hour Hotline: (650) 692-7273
- *Special Services: Disabled support, elderly and family support, LGBT, Under 12 y.o. and Teen support, Spanish and Mandarin*

**SafeQuest Solano** - Offers 24/7 crisis hotline, medical and legal advocacy and accompaniment, support groups, and individual counseling.

- Address: 1049 Union Street Suite B, Fairfield, CA 94592
- Business Phone: (707) 422-7345
- 24-Hour Hotline: (866) 487-7233
- *Special Services: Spanish and Tagalog*

**Napa Emergency Women's Services (NEWS), Sexual Assault Victims Services (SAVS)** - Offers a 24-hour hotline, medical and legal advocacy and accompaniment, and individual counseling.

- Address: 1141 Pear Tree Lane Suite 220, Napa, CA 94558
- Business Phone: (707) 252-3687
- 24-Hour Hotline: (707) 255-6397
- *Special Services: Adults molested as children, Spanish*

**YWCA Rape Crisis Center** - Offers a 24-hour crisis line, medical and legal advocacy and accompaniment, support groups, and crisis counseling.

- Address: 375 South Third Street, San Jose, CA 95112
- Business Phone: (408) 295-4011
- 24-Hour Hotline: (408) 287-3000 or (800) 572-2782

**Tri-Valley Haven** - Offers a 24-hour hotline, medical and legal advocacy, support groups, and individual and follow-up counseling.

- Address: 3663 Pacific Avenue, Livermore, CA 94551
- Business Phone: (925) 449-5845
- 24-Hour Hotline: (925) 449-5842 or (800) 844-8199
- *Special Services: Teens, Spanish*

**Verity** - Offers a 24/7 sexual assault crisis hotline, medical and legal accompaniment, support groups, individual counseling, and referrals.

- Address: 835 Piner Road, Santa Rosa, CA 95403
- Business Phone: (707) 545-7270
- 24-Hour Hotline: (707) 545-7573
- *Special Services: Deaf and hard of hearing, or speech disabled communities (connect through California Relay Service 711); military and veterans*

## **NATIONAL 24-HOUR CRISIS LINE & INFORMATION ORGANIZATIONS:**

The following are a few national hotlines providing 24 hour/7 days a week support via telephone (and some include online chat options). This is not an exhaustive list.

**National Domestic Violence Hotline** - advocates, information, and support for those who are experiencing or have experienced domestic violence.

- 24/7 Hotline: (800) 799-SAFE (7233) : (800) 787-3224 (TTY)

**RAINN** - National Sexual Assault Hotline - advocates, information, and support for those who have experienced sexual assault or other sexual violence.

- 24/7 Hotline: (800) 656-HOPE (4673)

**Love is Respect** - advocates, information, and support for young people with questions and/or concerns about their dating relationships.

- 24/7 Hotline: (866) 331-8453 : (866) 331-8453 (TTY) : Text LOVEIS to 22522

**GLBT National Help Center** - serving gay, lesbian, bisexual, transgender & questioning people providing free and confidential peer support and local resources. Provides online talk groups for different identified persons and age ranges.

- 24/7 Hotline: (888) 843-4564 : Youth Talkline (youth through age 25) - (800) 246-PRIDE (7743)

**National Suicide Prevention Hotline** - trained staff providing free, confidential support for those in suicidal crisis or emotional distress.

- 24/7 Hotline: (800) 273-8255

## **HEALTH SUPPORT (GENERAL):**

For general health support, the following are a few of the clinics and services offered. This is not an exhaustive list.

**HealthRight 360** - Providing integrated health programs with services for substance use recovery, social support and re-entry, primary medical care, and mental health services. Works with agencies that support diverse identities and communities within San Francisco.

- Hours: Monday-Friday 9:00am-5:00pm (closed on weekends and holiday hours may differ)
- Address: 1563 Mission Street, San Francisco, CA 94103
- Phone: (415) 762-3700

**San Francisco City Clinic** - Provides free or low-cost sexual health care. Welcomes everyone regardless of immigration or insurance status. Offers testing, diagnosis, and treatment of sexually transmitted infections; client-oriented counseling; partner services; linkage to care; family planning and emergency contraception; post- and pre-exposure prophylaxis for HIV (PEP and PrEP); and other services available to see via their website.

- Hours: Drop-Ins Monday-Wednesday-Friday 8:00am-4:00pm; Tuesday 1:00pm-6:00pm; Thursday 1:00pm-4:00pm
- Address: 356 7th Street, San Francisco, CA 94103
- Phone: (415) 487-5500

**Trauma Recovery Center/Rape Treatment Center (TRC/RTC)** - Provides services for victims of violent crimes (including domestic violence, physical assault, and family members of homicide victims); comprehensive medical and mental health services for survivors of sexual assault; support services for refugee, asylee, and asylum-seeking survivors of torture and gender-based violence; and support for those who have suffered brain injury(ies) as a result of trauma.

- Hours: Monday-Friday 8:00am-5:00pm (Tuesdays until 7:00pm)
- Address: 2727 Mariposa Street, Suite 100, San Francisco, CA 94110
- Phone: (415) 437-3000

### **LEGAL AID (SERVICES & INFORMATIONAL):**

This is a sample of resources specifically supporting and providing information for persons seeking legal-related support. This is not an exhaustive list.

**Cooperative Restraining Order Clinic (CROC)** - CROC is a collaborative city-wide project which helps domestic violence survivors in San Francisco get restraining orders against their abusers. The services are free and confidential. It is the way in which women (primarily) in San Francisco obtain restraining orders. A client will meet one-to-one with an interviewer who will then prepare the paperwork necessary to file a restraining order. Interpreters are available at the clinics.

- Contact for Appointments: (415) 255-0165

**Victim of Crime Resource Center** - Information and referral line for victims of crimes throughout California via phone. No documentation required over the phone. Refers clients primarily to local Victim Witness offices, Rape Crisis and domestic violence centers, and will give general information on the criminal justice system.

- Phone: 1-800-VICTIMS (24/7 free of charge)

### **DAITING/ DOMESTIC/ INTIMATE PARTNER VIOLENCE (SERVICES & INFORMATIONAL):**

This is a sample of local community resources specifically supporting and providing services for persons who are experiencing, or have experienced, dating/domestic/intimate partner violence. This is not an exhaustive list.

**La Casa de las Madres** - offers comprehensive, strengths-based support services, providing safety and support in times of crisis, and work with survivors to increase their access to resources and tools that will help build a life free from fear and abuse. Support and crisis services include 24-hour crisis hotline, and a drop-in center where crisis intervention, safety planning and risk assessment, counseling, support groups, shelter intakes, and housing assistance is available.

- Address: 1269 Howard Street, San Francisco, CA 94103
- 24-Hour Hotline for Adults: (877) 503-1850: for Teens (877) 923-0700
- Non-Emergency Text Line: (415) 200-3575 (non-confidential, not staffed 24 hours a day)
- *Special Services: 24-hour intake for emergency sheltering, Teens support*

**Riley Center Services for Survivors of Domestic Violence (through St. Vincent De Paul Society)** - provides confidential and individualized services and support systems. Services include drop-in hours for case management, support groups, advocacy, and peer counseling. Also has emergency shelter and transitional housing programs.

- Address: 1175 Howard Street, San Francisco, CA 94103
- 24-Hour Support Line: (415) 255-0165

- Business Phone: English (415) 757-6596: Spanish (415) 757-6490

**Narika** - promotes women's independent, economic empowerment, and well-being by helping domestic violence survivors with advocacy, support, and education. Particularly works with and has services for South Asian communities. Services include a helpline, support groups, and a heal program.

- Located in Fremont, CA
- Business Phone: (510) 444-6068
- 24-Hour Crisis Line: (800) 215-7308 (South Asian languages available)

**A Safe Place** - offers a crisis services (such as emergency shelter, emergency transport, emergency food and clothing), advocacy, teen violence protection and workshops to the community. Also provides tips and information to assist with finding safe and welcoming environments.

- Address: Located in Oakland, CA
- 24-Hour Hotline: (510) 536-7233
- Business Phone: (510) 986-8600

**Shalom-Bayit** - fosters the social change and community response necessary to eradicate domestic violence in the Jewish community. Services include safety planning, phone and individual counseling, support groups and healing rituals, and court accompaniments.

- Address: Located in Berkeley, CA
- 24-Hour Helpline: (866) 742-5667
- Business Phone: (510) 845-8874

**W.O.M.A.N., Inc. (Women Organized to Make Abuse Nonexistent, Inc.)** - community-based, multi-service agency, serving survivors of domestic violence in San Francisco and the larger Bay Area. Offers a 24-hour support line and therapy for individuals and family therapy for survivors with their children.

- Address: 26 Boardman Place, San Francisco, CA 94103
- 24-Hour Support Line: (415) 864-4722 or (877) 384-3578
- Business Line: (415) 864-4777

## **LGBTQI+ (SERVICES):**

This is a sample of local community resources specifically supporting and providing services for persons identifying within or outside of LGBTQI+ communities. This is not an exhaustive list.

**Community United Against Violence (CUAV)** - San Francisco community resource building the power of LGBTQ+ communities to transform violence and oppression. Supports the healing and leadership of those impacted by abuse and mobilizing broader communities to replace cycles of trauma with cycles of safety and liberation.

- Address: 427 South Van Ness Avenue, San Francisco, CA 94103
- Business Phone: (415) 777-5500
- General inquiries: [info@cuav.org](mailto:info@cuav.org)

**Castro Mission Health Center** - provides mental health services to transgender and gender variant persons, including sexually transmitted infections testing, pelvic exams, check-ups, immunizations, and case management. Staff available who speak multiple languages.

- Address: 3850 17th Street, San Francisco, CA 94114
- Business Phone: (415) 934-7700

**SF LGBT Center** - supports the needs of the entire LGBTQ community and allies through programming and connecting people to a network of organizations in San Francisco serving the LGBTQ community.

- Address: 1800 Market Street, San Francisco, CA 94102
- Business Phone: (415) 865-5555
- E-mail: [info@sfccenter.org](mailto:info@sfccenter.org)



## **MALE IDENTIFIED SURVIVORS (SERVICES & INFORMATIONAL) :**

This is a sample of local and national resources specifically supporting and providing information to men-identified survivors of sexual violence. This is not an exhaustive list.

**Male Survivor** - Provides resources, information, and assistance finding a support group and therapists. Works with national organizations to assist in providing resources, such as Men Healing Weekend of Recovery.

- Address: Located in New Jersey
- Check out their website for further information and contact options

**RAINN - Sexual Assault of Men and Boys** - specific information and resources for men-identified survivors of sexual assault, incest, and other sexual violence.

- 24-Hour Hotline: (800) 656-HOPE (4673)

## SEXUAL ASSAULT/ RAPE (INFORMATIONAL)

This is a sample of resources specifically supporting and providing information for persons experiencing, or have experienced, sexual assault. This is not an exhaustive list.

**California Coalition Against Sexual Assault (CALCASA)** - provides leadership, vision, and resources to California rape crisis centers, individuals, and other entities committed to ending sexual violence. Provides prevention, intervention, education, research advocacy, and public policy.

- Check out their website for further information on sexual violence, prevention, advocacy, and public policy.

**Rape, Abuse, and Incest National Network (RAINN)** - the nation's largest anti-sexual violence organization. Operates a national 24/7 hotline and carries out programs to prevent sexual violence, and help survivors.

- 24-Hour Hotline: (800) 656-HOPE (4673)
- Check out their website for information on sexual violence, safety and prevention, and ways to get involved.

## **STALKING (INFORMATIONAL):**

This is a sample of resources specifically supporting and providing information for persons experiencing, or have experienced, stalking. This is not an exhaustive list.

**Safe Horizon** - provides a 24-hour hotline, community programs, criminal court programs, family court programs, information on family justice centers, crime victim assistance programs, counseling centers and lock replacement support.

- 24-Hour Hotline: (800) 621-HOPE (4673)
- Check out their website for further information

**Stalking Resource Center (A program of the National Center for Victims of Crime)** - enhances the ability of professionals, organizations, and systems to effectively respond to stalking. Provides information on stalking, and how to receive help, works with Victim Connect Resource Center for a 24-hour helpline.

- 24-Hour Helpline: (855) 484-2846
- Check out their website for further information

## **OTHER SUPPORT ORGANIZATIONS (INFORMATIONAL):**

This is a sample of local and national resources specifically supporting and providing information on different topics related to sexual assault, relationship violence, stalking, and gender-based harassment. This is not an exhaustive list.

**A Call to Men** - "helping create a world where all men and boys are loving and respectful and all women and girls are valued and safe."

**Cards Against Harassment** - project to counteract street harassment and provides some information on how to address street harassment.

**INCITE!** - "a network of radical feminists of color organizing to end state violence and violence in homes and communities."

**Men Can Stop Rape** - "mobilize men to use their strength for creating cultures free from violence, especially men's violence against women."

**My Strength Campaign** - "No More: Together we can end domestic violence and sexual assault."

**Office on Women's Health** - provides a wide range of programs and activities; and leads several groups and committees to coordinate efforts for women's health within the U.S. Department of Health and Human Services and other federal agencies.

**Stop Street Harassment** - "organization dedicated to documenting and ending gender-based street harassment."